

JOHN HERSEY HOMEFRONT



MONTHLY NEWSLETTER

February 2024

From the Principal's Desk

As we transition through the month of February, I hope this newsletter finds you well and ready for the exciting spring ahead. As we move further into the semester, I want to emphasize the importance of regular and on-time attendance. Attending school consistently and punctually sets the foundation for academic success and helps students stay engaged in their learning journey. Your support in reinforcing the value of attendance at home is greatly appreciated and plays a significant role in your child's educational development.

From our Theatre production of One Stoplight Town, to an incredible band performance at the D214 Symphonic Band Festival, our Fine & Performing Arts programs continue to shine! If you haven't been to a performance this year, there's still time. Check out the Fine & Performing Arts Calendar linked below. This is also an exciting time as our winter sports teams begin their IHSA playoffs. Dedicated coaches and talented student-athletes have been working hard in preparation for this exciting time, so come out and support your Huskies! Spring sports are just around the corner too. There's something for everyone to enjoy, so it's a great time to get involved at JHHS. I want to extend my gratitude to all the club advisors and student leaders for their dedication and hard work in making these extracurricular experiences enriching and memorable for our students.

H. McFaul



SOS Students visited several area groups as part of our annual Love Bus Tour on Valentines day.

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Award Recipient Correction

Danielle Dominguez is a recipient of the 2023 National Hispanic Recognition Award. Her name was inadvertently left off of the list in the January issue of Homefront.



Upcoming Dates & Events

2/22-2/24 - Orchesis Show

Theater, 7pm

3/1-3/2 - Chicagoland Showcase

Carter Gym

Fri 5-10pm, Sat 8am-10pm

3/6 - Practice SAT (Juniors only)

During school

3/6 - Improv Show

Black Box Theater, 7pm

3/7 - Junior Parent Panel &

Workshop, 124 rooms 7pm

3/8 - 3rd Quarter Ends

3/12 - 8th Grade Activities Night

Carter & East Gyms

6-7:30pm

3/19 - PSAT9 & ISA Exams

Freshmen & Juniors only

3/19 - Orchestra Concert

Theater, 7pm

3/20 - Show Choir Concert

Theater, 7pm

3/25-3/29 - Spring Break

JOHN HERSEY HOMEFRONT



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Useful Links



JHHS Calendars



Athletic Boosters



The Parent Council



Fine & Performing
Arts



2022-2023 Second
Sem Honor Roll



Contacts &
Academic Support



Hersey Dispatch



Alumni



Daily
Announcements

HEALTH OFFICE UPDATE

All forms can be dropped off, mailed, or faxed to the Health Services Office
JHHS - 1900 E Thomas Rd Arlington Heights, IL 60004 FAX: 847-718-4951

Mindy Joyce, RN * CSN-PEL School Nurse * mindy.joyce@d214.org * 847-718-4946

Sarah Kissane, RN * Health Services Supervisor I * sarah.kissane@d214.org * 847-718-4948

Hannah Joyce, Health Services Assistant * hannah.joyce@d214.org * 847-718-2947



Medication in School

- Students are not allowed to carry any type of medication on them while at school (including Tylenol or Advil) unless it is a life saving medication that has been signed off by both parent and physician.
- If medication is needed to be given during school hours, scheduled or as needed, parents must request that the school dispense the medication to the student and have the provider complete a Medication Authorization Form.



DENTAL EXAM: Class of 2027

- Illinois Law requires all students in 9th grade shall have a dental examination.
- Exams must be dated on or after Nov. 15, 2022 and the form must be completed by a licensed dentist.
- Please have dental exams completed and forms to the Health Office by May of 2024

Tylenol (Acetaminophen)

- District 214 has a standing order for Tylenol (acetaminophen) that may be administered to students based on the assessment by the Health Office.
- Parents must give permission each year at the time of school registration by selecting "YES" when asked.
- No other over-the-counter medications are available to students.

DON'T FEEL WELL? Stay home or go home!

- If you have any symptoms (see below) stay home!
- Already at school and start to feel unwell? Get a pass from your teacher and go to the Health Office
- Remember - if you are unwell and stay home a parent/guardian must call the Attendance Office EACH DAY a student is home! Call 847-718-4801 or 847-718-4802

SYMPTOMS TO STAY HOME OR GO HOME

- Fever 100 or greater
- Vomiting
- Diarrhea
- REMEMBER - if you have these symptoms listed above you must be symptom free for 24 hours before returning to school.

CHECK WITH NURSE IF YOU'RE AT SCHOOL

- Cough
- Sore Throat
- Feeling unwell - i.e. nausea
- Any concerns!

LINKS TO ALL FORMS!

[ILLINOIS Child Health Exam Form](#)

[Asthma Action Plan](#)

[Allergy Action Plan](#)

[Diabetic Management Plan](#)

[Seizure Action Plan](#)

[School Medication Authorization Form](#)

[Dental Exam Form](#)

[JHHS HEALTH OFFICE WEBSITE](#)

February Newsletter 2024

REMINDERS FROM HEALTH SERVICES:

Health Requirements:

-Class of 2025 (current juniors) : 2nd dose of meningococcal (MCV4, Menactra) vaccination due prior to first day of school (8/14/24)

-Class of 2027 (current freshmen): must have a dental exam form on file in the health office prior to May 15th, 2024

-All students participating in spring/fall 2024 must have a current sports physical on file prior to tryouts/practice/season

~~sports -Class of 2028 (rising freshmen):~~

Health requirements prior to first day of school (8/14/24): _____
health exam and immunization record dated on or after 8/14/23 Certificate of Child's Health

Exam (English)

**submit forms to JHHS.Nurse@d214.org, mail: 1900 E. Thomas St., AH, 60004,

fax: 847-718-4951, drop box outside main door, or security booth

***For District 214 Health Forms and Additional Health information please visit:

<https://www.d214.org/departments/health-forms>

JHHS Assessment Center News - Second Semester, 2024



The JHHS Assessment Center's goal is to provide you and your student with the knowledge and strategies to make the best-informed decisions for your student's needs.

If you have any questions please feel free to contact us at any time.

Rebecca Wilhelm, Assessment Supervisor: (847) 718-5002 rebecca.wilhelm@d214.org

TestingAccommodations: Students with IEP and 504 Plans may be eligible for testing accommodations. Please contact your case manager or counselor with questions regarding testing accommodations.

Are you able to Login to your COLLEGE BOARD ACCOUNT ?



Go to collegeboard.org to sign in to your account.

Creating this online account prior to testing is the only way to access your scores online, and will allow juniors and seniors the ability to send scores to colleges and universities.

Your College Board account needs to accurately reflect your LEGAL name (first and last name).

If you need help with your College Board account, please call College Board at 866-315-6068.

****You can also come to the Assessment Center in the ARC (room 125E) and we can help you make a call to the College Board.*

Horizon Testing

January 16 + 17, 2024

Benchmark exams for 9th, 10th, 11th graders

Normal school day, testing in classrooms. Assessing student mastery of college readiness skills math and reading/writing

Access Testing

February 6-15, 2024

EL students, normal school day

The State of Illinois requires English learners to test proficiency in listening , speaking, reading and writing skills.

SAT TEST PREP PROGRAM

February - March, 6 weeks

Monday and Wednesday via zoom

Tuesday and Thursday in person



TEST PREPARATION

JHHS is offering SAT prep sessions to help Juniors prepare for the State Mandated SAT college exam that will take place in April. This program will be open to Juniors only. Registration will be on a first come first serve basis on the Community Education website at ce.d214.org. Details to follow.

Practice SAT exam: Juniors only

Wednesday, March 6, 2024

No charge and no registration needed. Juniors need to arrive before 8:30 am to school.

The exam will run from 8:30 am to 12:00 pm.

After testing, students will have lunch and then attend period 3 class.

You may also use [Khan Academy](#) or the college board Bluebook app for free practice exams.



2024 District Wide Testing



Tuesday: March 19, 2024

Juniors

Illinois Science Assessment - Tuesday, March 19, 2024 - no registration needed

All Juniors are required to take the Illinois Science Assessment (ISA) Test. The ISA will be administered to all juniors during school hours. Students will Not attend class after the test is over, they will be dismissed.

Freshmen

PSAT 9 - Tuesday, March 19, 2024 - no registration needed

The state required digital **PSAT 8/9** is aligned with and prepares students for the other tests in the SAT suite of assessments.

PSAT Testing Information: [PSAT 8/9 Student Guide](#). *It is designed to specifically evaluate incoming and current Freshmen in high school. The purpose is to benchmark students and evaluate college preparedness.*

NOTE: *Students with approved college board accommodations may follow a different testing schedule and will be given individualized details closer to the testing dates.*

Sophomores & Seniors have no school on March 19, 2024
There is no classroom instruction.

Thursday, April 11, 2024

Juniors

STATE SAT Digital Exam with an Essay - Thursday: April 11, 2024 - no registration needed

- The official **SAT** will include the Essay section and may be used for college admission.
- The **SAT** allows students to send up to four (4) score reports at no cost.
- Students should come prepared with the names of colleges and universities they would like to submit **SAT** results.
- More SAT Testing Information: [SAT Student Guide](#). (Practice SAT is Wednesday, March 6.)

- Important: The SAT w/essay is a State Graduation Requirement.

NOTE: Students with approved college board accommodations may follow a different testing schedule and will be given individualized details closer to the testing dates.

Sophomores

PSAT 10 - Thursday: April 11, 2024 - no registration needed

The state required digital **PSAT 10** is aligned with and prepares students for the other tests in the SAT suite of assessments.

PSAT 10 Testing Information: [PSAT 10 Student Guide](#). It is designed to specifically evaluate current Sophomores in high school. The purpose is to benchmark students and evaluate college preparedness.

NOTE: Students with approved college board accommodations may follow a different testing schedule and will be given individualized details closer to the testing dates.

Freshmen and Seniors have no school on 4/11/24

There is no classroom instruction

*Seniors who need to complete the
State SAT Graduation requirements will be contacted individually.*

- *We want students to perform their very best. It is important to get a good night's rest and to eat a nourishing breakfast on the morning of the exam.*
- *Scores are typically available 6 weeks after the test through the student's College Board account. Detailed testing information will be sent in March via school email. Please check your email on a daily basis.*

AP – Advanced Placement Exams
May 6-17, 2024

 CollegeBoard

AP[®]

A list of exam dates and times is available on the College Board website: [AP 2024 Exam Schedule](#).
AP Students need to make sure they are signed up for the exams they want.



COLLEGE, CAREER, LIFE READY

John Hersey High School

POSTSECONDARY NEWS



John Hersey High School

February 2024

The FAFSA is in full swing for our seniors, but not without some headaches! The Department of Education simplified the Free Application for Federal Student Aid (FAFSA – a high school graduation requirement!) for the 2024-25 school year and rolled it out with a “soft launch” on December 31, 2023. Seniors and parents who have questions can find resources and other support in the [Financial Aid menu](#) of the JHHS College Application Guide. Scholarships are coming in fast too!

Our juniors

are working on their college lists! Spring rep visit panels, geared towards juniors, begin on February 6. For these panels, 3 colleges will have just 7-8 minutes to give a quick overview of either their institution overall or a specific program/feature of their institution. You can learn more about our Spring rep panels [here](#). Parents/Guardians of juniors are invited to attend the 2nd annual [Learn A L.A.H.-tte: Junior Parent College Info Night](#) on Thursday, March 7th at 7pm. We'll start with a panel of Hersey parents sharing their experience helping their students through senior year and onto college, followed by a mock admissions activity. Check your email coming up for more details and to RSVP.

We had over 200 people attend the Freshmen/Sophomore “So You Want to Go to College?” presentation on January 24th.

We discussed what the mindset of our 9th and 10th graders should be as they think about college (start with the wide-end of a funnel!), reviewed key terms, and went over things they can do from now to both learn about themselves and set themselves up the strongest application possible if they choose to apply to college senior year. You can watch that recording [here](#).

Finally, see the list of upcoming events below and mark your calendars for exciting school and District events!

Upcoming Events!

- [Military Options Fair](#): Friday, February 23rd, All Lunch Periods, Titre Room (Students only.)
- [D214 Sophomore College Planning Seminar](#): Tuesday, February 27th, 7pm, Buffalo Grove High School Theatre
- [Learn A L.A.H.-tte: Junior Parent College Info Night](#): Thursday, March 7th, 7pm, JHHS Room 124 B/C.
- D214 Junior Financial Aid Night and College Fair: Tuesday, April 9th, FVEC
- D214 Skilled Trades Fair: Thursday, April 18th, FVEC
- Click [HERE](#) for a schedule for all grade-levels for the year. Check back often for updates!



ABOVE: Mrs. Anne leads seniors through a Scholarship Workshop during a lunch period.

Bookmark these sites!

- [JHHS College & Career Center](#)
- [JHHS Job & Volunteer Board](#)
- [JHHS College Application Guide \(seniors\)](#)
- [JHHS Postsecondary Planning Guide](#)

Christopher Chiakulas
Postsecondary Counselor
christopher.chiakulas@d214.org
847-718-4846

Shannon Anne
College & Career Assistant (9:30am-1:30pm)
shannon.anne@d214.org
847-718-4862

Follow us @LifeAfterHersey on social media & Mr. C's YouTube Channel!

FINE AND PERFORMING ARTS EVENTS

February

JAN 31 ONE SPOTLIGHT TOWN BLACK BOX 7PM

1 ONE SPOTLIGHT TOWN
WINTER PLAY BLACKBOX 7PM

2 ONE SPOTLIGHT TOWN
WINTER PLAY BLACKBOX 7PM

3 ONE SPOTLIGHT TOWN
WINTER PLAY BLACKBOX 7PM

3 SPEECH REGIONALS PROSPECT HS 8AM

4 ONSTAGE COMPETITION PREVIEW THEATER 3PM

10 SPEECH SECTIONALS DOWNERS GROVE HS 8AM

10 ONSTAGE COMPETITION MONTENO HS 7:15PM

12-16 ART EXPO VIRTUAL

13 SYMPHONIC BAND CONCERT
AND ART SHOW. BGHS 7PM 14 CHOIR CONCERT BLACKBOX 7PM
15-19 CHOIR FIELD TRIP. NASHVILLE

16-17 SPEECH STATE PEORIA 12PM

22 JAZZ FEST ELMHURST COLLEGE 8AM
JAZZ ENSEMBLE

22 ORCHESIS SHOW THEATER 7PM
23 ORCHESIS SHOW THEATER 7PM
24 ORCHESIS SHOW THEATER 7PM

24 DEBATE STATE HARPER COLLEGE 8AM

24 JAZZ IN THE MEADOW ROLLING MEADOWS 8AM JAZZ 1
AND 2



The Hersey Athletic Booster Spring Auction will be opening at the end of April. The Boosters need YOUR HELP to make the auction as successful as possible so we can continue to support all our amazing Hersey athletic programs.

- Have a vacation home? Consider donating a weekend stay to support our auction.

- Have Cubs or Sox season tickets or do you belong to a golf club? We also need golf packages, sports and concert tickets.

- Do you own a restaurant or have friends that do? Consider donating a gift card that will also double as free marketing on our online auction site.

- Are you a salon owner? Consider donating your hair, nail or makeup services for the auction.

- We are always looking for donations of electronics: smart televisions, iPads, Apple earbuds, smart watches, and other items.

If you have any donations of this nature, please contact Tracie Platt at: tracieplatt@gmail.com or text [847 942 5120](tel:8479425120).

Thank you and go Huskies!

-Then Hersey Athletic Booster Board

Please follow us!
Twitter:
[@HerseyBoosters](https://twitter.com/HerseyBoosters)
Facebook:
[@HerseyHighSchoolAthleticBoosterClub](https://www.facebook.com/HerseyHighSchoolAthleticBoosterClub)

Sponsored By:



Hersey Athletic Boosters 2024 Annual 3v3 Tournament



Sunday March 10th
Grades 1st to 8th
\$100 per team



All proceeds will benefit a good cause for various Hersey athletics

Games will be refereed tighter than prior year 2023

All games played at Hersey High School
Schedules released by March 4th
(Oldest start morning and youngest finish afternoon)

Fee increases to \$125 after Feb 18th

Each team can roster 3 to 5 players
Rosters cannot be modified after schedule release

Teams can be mixed age or coed but may be placed based on oldest / most experienced player

Girls will have their own division unless not enough teams

3-game guarantee

All participating players will receive a t-shirt and additional shirts for champs



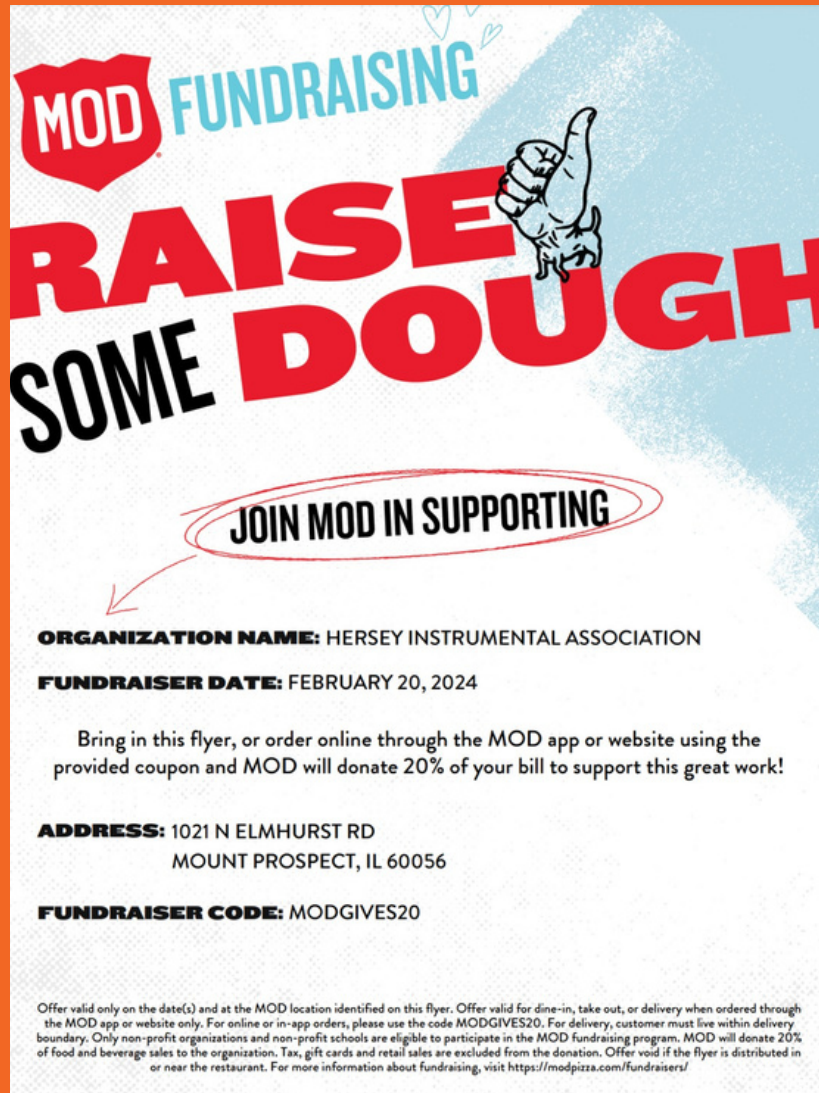
<https://one.bidpal.net/3v3boosterbasketballtourney2024>



Upcoming Concerts

- New Trier Jazz Festival | February 3rd
- Jazz Combo Concert at Fulton Street Collective | February 5th
- D214 Symphonic Band Concert at BG | February 13th
- Jazz in the Meadows | February 24th
- D214 Honors Concert | February 28th

Dine and Share - Tuesday, February 20th - All Day



A message from Superintendent Scott Rowe



Dear Parents and Guardians,

It's hard to believe that we're already halfway through the school year – my first as District 214 Superintendent. While I'm learning more about 214 every day, it didn't take long at all to understand that this is a community whose families care deeply about their teens and are eager to play a role in ensuring their children's future success.

This kind of commitment on the part of families is invaluable. As educators, our work is aided immeasurably by your involvement. This newsletter presents an opportunity to mention a couple of ways in which you can focus your support. Elsewhere in the newsletter, Board President Alva J. Kreutzer urges you to talk with your students about internship opportunities. This is so important – such a vital element of the learning experiences we offer.

You'll also find in this issue a reminder that student attendance matters. We are seeing signs of progress in recovering from the attendance issues that surfaced during and after the pandemic, but work remains. Please help us boost every student's chances of succeeding by making sure that students are here and actively participating every day.

Finally, you'll see a brief note on parenting resources available through the district and other local organizations. As a parent myself, I know that there are times when some additional support or information can be very helpful in a role that can occasionally be as challenging as it is ultimately rewarding.

Best wishes for a second semester and new year.

Sincerely,

A handwritten signature in black ink that reads "Scott Rowe". The signature is written in a cursive, flowing style.

Scott Rowe, Ed.D.
Superintendent

A message from the Board of Education President



Dear Parents, Guardians and Community Members:

The school year is progressing rapidly, as it always seems to do, with more student achievement and highlights from the first semester that we can possibly list. We urge you, as the school year approaches its midpoint, to start a conversation with your student, perhaps asking what they have enjoyed most so far and what they're looking forward to in the second semester.

This is also the time of year to remind your student of important upcoming dates and opportunities. Work-based learning experiences are an important part of District 214's work in preparing students for success beyond high school.

Internships are an important element of our work-based learning. Students have the opportunity to affirm the career aspirations they're exploring in career pathway coursework through their participation in an internship during their junior or senior year.

With that in mind, students interested in participating in an internship this summer can apply now through February 28 at apply214.org or visit their building's student success coach to obtain additional information. For students interested in participating in a fall internship, the application will open March 1.

Elsewhere, District 214 Community Education offers opportunities for people throughout the community. Please visit the [Community and Adult Education website](#) for current offerings. There is something for everyone!

Finally, this is a reminder of the D214 Education Foundation, which – through the generosity of many donors – supports students, strengthens their education, fosters their well-being and expands their opportunities. Details and giving opportunities may be found on the [Foundation's website](#).

Thank you for all you do to support our students and the district.

Sincerely,

A handwritten signature in cursive script that reads "Alva J Kreutzer".

Alva J Kreutzer, President
District 214 Board of Education

We're halfway through the school year, but don't forget: Attendance Matters



Let's work together for student success.

Did you know...

- Students who come to school **90%** of the time have a **98%** graduation rate.
- A student who attends school **95%** of the time is more likely to earn As or Bs.

Students who aren't in class, are late for class, or are distracted by cell phones have more trouble learning. We want our students in class and on time; we know that's the first step toward success.

For its part, District 214 has updated these policies:

- **If your student needs to miss school**, please notify the school as soon as possible but within 24 hours to report the absence.
- **If your student is late to class**, they will be marked absent after 9 minutes.
- **Students are not allowed to use cell phones during class time** without specific permission from the teacher.

For more details on these policies, please consult the District 214 Student and Parent Handbook.

Let's make this a successful year!



Mark your calendars: Summer Experience 2024

Planning the family's summer schedule? District 214 students can make summer meaningful and fun with Summer Experience classes.

More information will be coming soon, but for now, mark your calendars! The 2024 Summer Experience classes will take place in two sessions: June 10-27 and July 8-25. Offerings will include get-ahead and catch-up coursework as well as enrichment classes, SAT prep and career pathway experiences. Registration begins in early March, and more information will be coming soon.



In preparation for family fun planning in the new year, here is what we can share about Summer Experience 2024!

| SESSION DATES | SCHOOLS |
|---|---|
| Session 1: June 10-27; Monday-Thursday – Wednesday June 19th no class. – Make up on Friday June 21. | John Hersey High School Forest View Educational Center (ESY) |
| Session 2: July 8-25; Monday-Thursday | John Hersey High School |

Registration Timing

In order to maximize efficiency and response time, registration for Summer Experience 2024 will be staggered by program and occur between March 4, 2024 and April 1, 2024. Following are the program registration dates.

Driver Education Program

Driver Education is a high demand program with a fixed number of seats. Students must be 15 years of age or older by May 1, 2024 to register. Once rostered, **students must attend every class** as there is no "make-up" option available. If attendance flexibility is required, please consider alternative options.

This program is 6 weeks in duration: June 10-27 and July 8-25, Monday-Thursday with four individual section times.

| MORNING SESSIONS (transportation available) | AFTERNOON/EVENING SESSIONS |
|---|----------------------------|
| 7:30-10 a.m. | 3:30-6 p.m. |
| 10 a.m.-12:30 p.m. | 6-8:30 p.m. |

Each school has an equal number of seats for each section time. **The order of registration access has no impact on the number of seats that are available to students from each school.** Following are the registration dates for the program.

| REGISTRATION OPENS | SCHOOLS |
|-----------------------------------|-----------------------------------|
| Monday, March 4, 2024: 10 a.m. | Elk Grove and John Hersey |
| Wednesday, March 6, 2024: 10 a.m. | Buffalo Grove and Rolling Meadows |
| Friday, March 8, 2024: 10 a.m. | Prospect and Wheeling |

Credit Recovery, Invitation Only (including, Extended School Year and International Newcomer Academy), Get Ahead Programs and Experiences

Registration for these courses and programs are staggered as follows.

| REGISTRATION OPENS | SCHOOLS |
|---------------------------------|---|
| Friday, March 15, 2024: 10 a.m. | All schools, current D214 students |
| Monday, April 1, 2024: 10 a.m. | All schools, incoming freshmen (current 8th graders) |

More information to come soon!

Sophomores and juniors: Investigate future careers as an intern

Students have the opportunity to affirm the career aspirations they're exploring in career pathway coursework through an internship during junior or senior year.

District 214's Center for Career Discovery offers internship opportunities tailored to students' career interests and in all Career Pathways. Students are paired with industry professionals from our community, allowing students to gain real career-related work experience before graduating from high school.

Current sophomores and juniors interested in participating in an internship during the summer of 2024 can apply now through February 28 at apply214.org or visit their building's student success coach to get more information:

- [ChristyLenzini](#)atBuffaloGroveHighSchool
- [PatHandel](#)atElkGroveHighSchool
- [AngelaFerrazza](#)atJohnHerseyHighSchool
- [KristineThompson](#)atProspectHighSchool
- [KimCarlson](#)atRollingMeadowsHighSchool
- [ValerieBank](#)atWheelingHighSchool

For students interested in a fall 2024 internship, the application will open March 1.

Community partnerships are the key to this program's success. For instance, interest in our law enforcement internships—in local fire and police departments—has surged. Thank you to the municipalities that already are hosting District 214 interns: the police departments of Buffalo Grove, Elk Grove Village, Mount Prospect, Palatine, Rolling Meadows and Wheeling, and the fire departments of Mount Prospect, Prospect Heights, Rolling Meadows and Wheeling. We value your partnership!

Professionals, businesses or organizations interested in hosting an internship experience for a District 214 student should contact Kathy Gannon, partnership manager, at kathy.gannon@d214.org.

Foundation scholarship portal will open in mid-January



The District 214 Education Foundation will open the scholarship portal for students, AwardSpring, in mid-January. All applications will be made and processed through the application site, unless otherwise stated. All seniors and parents will be notified when the site is open.

To view the types of scholarships available, visit [the Foundation website](#).

Contributions for these funds are always welcome. If you are interested in starting a scholarship or contributing to a scholarship, please contact Brooke Snell at brooke.snell@d214.org.

As the year draws to an end, the Foundation asks parents and families to consider an end-of-year gift to the [Foundation](#). Each and every gift has the power to transform. To spark change. To advance equity and expand opportunities. Community support makes those moments possible; working together we make a difference. For more information about the District 214 Education Foundation or to make a donation, please visit <https://214foundation.org>.

New Year's resolution: Taking a Community Education class



Make the most of the cold winter days by enrolling in one of the many classes offered by our District 214 Community Education program.

The District 214 Community Education program is one of the longest-running public high school community education efforts in Illinois. For more than 75 years, we've offered classes and workshops for personal enrichment, as well as adult education opportunities.

Community Education offers something for everyone—from yoga to day trips, career certifications to cooking classes. Expand your English skills, or work on becoming a U.S. citizen. Planning a family trip out of the country next summer? Consider one of our language classes. We offer beginning and intermediate instruction in Italian, Polish and Spanish.

Registration is open for classes and workshops beginning in January. Classes are open to all residents in our District 214 communities.

Check out our latest offerings or register for a class at <https://www.ce.d214.org/>.

Theater Lab presents "Inherit the Wind"

The Theater Lab of District 214 Community Education is presenting its winter play, "Inherit the Wind," on January 26-28. Thought-provoking and always timely, "Inherit the Wind" spotlights the importance of facts, science and justice in its fictionalized version of the famous 1920s Scopes

“monkey trial.” Performances will be held at 7:30 p.m. on January 26 and 27, and at 3 p.m. on January 27 and 28 at the Forest View Educational Center Theater, 2121 S. Goebbert Rd., Arlington Heights. The Theater Lab works to bring community members together to collaborate and bring theater to life on the stage. For more information or to reserve your tickets, visit ce.d214.org/events.

Parenting resources available from D214, local organizations

District 214 offers a wealth of support for student and family health and wellness. Visit [our website](#) for links to community resources and to our own team of counseling, special education and health services experts.

The District partners with Care Solace, a free and confidential care coordination service that can find a mental health professional to help. For more information, visit <https://www.caresolace.com/site/d214> and you can search for a counselor, or click “Book Appointment” for assistance by phone, email or video chat. Or call 888-515-0595; multilingual support is available 24 hours a day, every day of the year.

Another community resource: OmniI’s 10-week Nurturing Parenting Group provides support for parents, helping them better understand their children and help them make the best decisions, while building healthy, lifelong relationships. The group meets online on Thursday evenings, with sessions throughout the year. Omni is an organization specializing in counseling services and community programs to strengthen young people and their families. Find out more at [the Omni website](#).



Nurturing Parenting Group

A 10-week therapeutic program where parents can flourish

Parenting can be wonderful.

Parenting can also be challenging.

We're here to make tackling those challenges a little bit easier.

This **10-week therapeutic program** provides parents/guardians with **research-based tools**, tips, and skills to better **understand their children** and make the **best possible decisions** for them while **building healthy life-long relationships**.

Some topics covered in OMNI's Nurturing Parenting group include:

- The **philosophy** and **facts** of **nurturing parenting**
- Childhood **brain development**
- Appropriate** discipline
- Building **empathy** and **self-worth**
- Effective ways to **handle stress** and **strong emotions**
- Setting your child up for success**

This group has **multiple sessions** over the course of the year and meets **Thursdays** from **6:30-8 p.m.** This group is hosted virtually and does not have an in-person component.

This program is delivered in **English**, but a **bilingual Spanish** speaking member of the OMNI team will be in attendance to **help with any translation needs**. To begin the registration process, call **(847) 353-1500 ext. 1664**

omni4all.org

OMNI GRUPO DE PADRES CARIÑOSOS

Un Programa De 10 Semanas Donde Los Padres Pueden Prosperar

**La crianza de los hijos es maravillosa.
La crianza de los hijos también es un desafío.
Estamos aquí para hacer que abordar esos desafíos sea más fácil.**

Este programa terapéutico de 10 semanas **ofrece a los padres/tutores con herramientas, consejos y habilidades basadas en investigaciones** para comprender mejor sus hijos y tomar las mejores decisiones posibles para ellos mientras construye relaciones saludables para toda la vida. Este grupo tiene **múltiples sesiones** a lo largo del año. **Las sesiones se llevan a cabo de manera virtual.** Este programa se imparte en inglés, pero un miembro bilingüe que habla en español de OMNI estará presente para ayudar con cualquier necesidad de traducción.

Temas tratados en la crianza de OMNI en el grupo de padres incluye:

- La filosofía y los hechos de crianza cariñosa
- Desarrollo del cerebro infantil
- Disciplina apropiada
- Desarrollar empatía y autoestima
- Formas efectivas de manejar el estrés y emociones fuertes
- Preparando a sus hijos para el éxito



Para comenzar el proceso de registro,
llame al (847) 353-1500 ext. 1664
o visite omni4all.org/counseling.



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aprender más
acerca de servicios
de asesoramiento
con OMNI!*